



# INFO SHEET

**DEADLINE: June 10<sup>th</sup> for PHYSICIAN'S REPORT, parent camp fees, and sponsor checks.**

Mail to Camp Hertko Hollow, 101 Locust St  
Des Moines, IA 50309

**BRING TO REGISTRATION 2-3 pm:**

Daily log with week BEFORE camp completed  
All medications, except insulin  
Wacky Olympics Raiser flyer & donation checks  
Money to deposit in Camp Bank

**DIRECTIONS TO CAMP:**

Camp Hertko Hollow is held at the Des Moines YMCA Camp, located 6.5 miles northwest of Boone, IA. Take Highway 30 to south side of Boone. Turn north on Story Street & go through business district to 22<sup>nd</sup> St. Turn left on 22<sup>nd</sup> St. for 1 mile. It will curve to the right – go north for 3 miles. Look for the YMCA Sign and turn left on gravel road & go 3 miles.

**MAIL:**

Everyone likes to receive mail at camp! Send it early & do not send food or cash. You can deposit letters in our special Hertko Hollow Mail Box during Registration for quick delivery on Monday or Tuesday with no stamp required!

Address: Camper's name  
Camp Hertko Hollow  
1192 166<sup>th</sup> Drive  
Boone, IA 50036

**EMAILS:**

One-Way emails can be purchased for \$1 each with a credit card on our web site: [www.CampHertkoHollow.com](http://www.CampHertkoHollow.com). Click on "Camper Email" button. Use Registration code: 89243HKH and complete information.

**PHONE CALLS:**

To gain the full benefit of the camp experience, it is asked that **NO** visits or phone calls be made to camper during the week. In case of emergency, call the Good Health Lodge at 515-432-4333. The Y-Camp office is 515-432-7558.

**SPENDING MONEY**

Money should be brought to registration and deposited in the Camp Bank. Cash balances will be returned to camper's parents at the end of camp along with camp photos that were ordered. Usual expenditures are \$20 – \$40. Spending money is used for stamps, postcards, diet sodas, logo items, etc.

**WHAT TO BRING:**

**Insulin Pump supplies in gallon zip lock bag + extra!  
All medications (except insulin)**

**(Pen needles, insulin vials & disposable pens, syringes, meters, test strips, & alcohol swabs are provided by camp)**

Sleeping bag or blanket, sheets, pillow  
T-shirts, tops, long sleeve shirt  
Shorts, blue jeans, long pants  
Swimming suit & beach towel  
Sandals or flip flops  
Tennis shoes – 2 pair  
Boots for horseback riding  
Sturdy shoes for hiking  
Underwear & socks  
Pajamas/robe  
2 towels & washcloths  
Dirty clothes bag  
Flashlight & extra batteries  
Insect repellent, sunscreen  
Raincoat or poncho  
Jacket or sweatshirt  
Cap or hat  
Soap, toothpaste, brush, shampoo  
Postcards, stationary stamps, pen

**OPTIONAL:**

Fan (Cabins are air conditioned !)  
Camera & film  
Baseball glove, fishing pole  
Costume for dance (Prize for most creative)  
Props for TALENT CONTEST (music, instrument, CD, tape)

**REMEMBER TO LABEL ALL ITEMS WITH CAMPER'S NAME !!**

**DO NOT BRING: Cell phones, Candy, pets, food, knives, video games, drugs, alcohol, weapons, & tobacco. These items are strictly prohibited.**

**ANY QUESTIONS?**

Contact: Camp Director Vivian Murray  
E-Mail: [CampHertkoHollow@aol.com](mailto:CampHertkoHollow@aol.com)  
(352) 750-6759 or 888-437-8652 (toll free)  
June 15–July 12<sup>th</sup> at Y-camp: (515) 432-7558  
Emergency cell phone: 352-406-2962