

Hertko "Holla"

Camp Hertko Hollow Newsletter - Fall 2008

FLOOD WATERS COULDN'T RUIN CAMP FUN!

Two weeks before our campers arrived, the Des Moines River flooded a large portion of the YMCA Camp grounds, the site of Camp Hertko Hollow. The dining room & kitchen had 17 inches of water. The swimming pool, miniature golf course, and the entire main camp grounds disappeared under river water. Once the water receded, there was mud everywhere! Then, the awesome Y Camp staff and numerous volunteers did a tremendous clean up. By the time Hertko Hollow staff arrived for orientation, the camp grounds were back to normal.

This year 375 campers between the ages of 6 to 18 were registered - a new record! The majority of the campers have type 1 diabetes, but there were also a few type 2 campers and non-diabetic siblings. In addition to diabetes, many campers have other special medical needs, such as Celiac Disease, ADHD or asthma, but our experienced medical staff handled each situation with ease to make sure it was a truly memorable experience for each child. Our staff included 11 physicians, 14 nurses, 1 nurse psychologist, 5 dietitians, 1 pharmacist, 3 pump specialists, 2 medical students, 4 nursing students, 9 pharmacy students, 1 EMT, and 44 counselors. Forty seven staff members have diabetes themselves and thus could relate from personal experience.



The Fraternal Order of Eagles surpassed all expectations when their check totaling \$182,789 was presented to Dr. Hertko, Executive Director Ann Wolf, & Camp Director Vivian Murray during their annual convention in Iowa City. Fraternal Order of Eagles President Darwin Thomas choose CHH as their 2007-08 state charity and their check represented the culmination of a full year of fund raising auctions to benefit Camp Hertko Hollow. Darwin Thomas served as the auctioneer with SMP Jeri Morgan, Shelley & Steve Zimmerman coordinating the events. How can we ever thank them enough for their most generous support? Many of our camper families enjoyed participating in the auctions which were held at Eagles facilities.



The girls in Lower Monroe Cabin (also called Bud Potts) during Teen Week, spontaneously created a new camp activity - playing in the mud. Counselor Megan Wolf discovered that her Animas insulin pump was mud proof in addition to being waterproof.



The Kids Week costume contest winners included Trina Swanson as Most Creative, Abby Minten as Best costume, and the Mini-camp girls as the best cabin group.



UPCOMING FAMILY DIABETES EDUCATION WEEKENDS

Check our website frequently for updates

November 1-2, 2008 at Midway Hotel in Dubuque - Kris Tiernan, ARNP, and professional staff from Medical Associates will provide education seminars for adults while children interact with Camp Hertko Hollow counselors for a day of learning and fun.

April 17-18, 2009 at Y Camp in Boone - The entire family can enjoy the Y Camp facilities, including, horseback riding, living in a cabin, and numerous fun activities.

These family weekend events are a terrific opportunity for the entire family to attend a function together. It's especially helpful for newly diagnosed children of all ages. Call 888-437-8652 or view www.CampHertkoHollow.com for registration form & details.

2nd Annual Campaign for Camp Hertko Hollow

The 2nd Annual Campaign for Camp Hertko Hollow will take place during November, which is DIABETES MONTH. Parents and staff members will volunteer to make 20 phone calls each to solicit funds for our diabetes camp. By focusing on fund raising from individuals only once a year during November, you can donate to claim the tax deduction for 2008. For details contact Executive Director Ann Wolf at 515-471-8523 or a.wolf@CampHertkoHollow.com.



Not our usual camp t-shirt and shorts attire ! Staff members (l to r) Crystal Nord, RD, Maurine Thieszen, RD, Leslie Cox, RN, Vivian Murray, Camp Director, Sue Huff, RN, and Ann Wolf, Executive Director, and many others enjoyed the event. This second annual ADA-CHH Gala in Des Moines on September 5th served as a memorial for Lou Pomerantz who passed away in July. A diabetic himself Mr. Pomerantz was a dedicated supporter of Camp Hertko Hollow, The American Diabetes Association, and the University of Iowa.

A BIG THANKS TO ALL OF OUR SPONSORS!

SPECIAL THANKS TO:

Lions and Lioness Clubs of Iowa – donating a total of \$50,483
 YMCA of Greater Des Moines – for office space & equipment
 McDonald's Restaurants – hamburgers, orange drink & supplies
 Ames Town & Country Kiwanis – popcorn for dance
 Moffitt Ford Dealer in Boone – use of lawn area to view fireworks
 Integrity Mail Service, Mt. Dora, Florida – mailing out newsletter
 Tom Campbell of West Des Moines Jaycees – casino tables
 Great Galena Balloon Race – use of inflatable bounce house

DIABETES SUPPLIES:

Abbott Diabetes Care – TheraSense Flash meters & strips
 Animas Corporation – pump support personnel, flashlights
 Bayer Health Care – Ketostix
 Becton Dickinson – glucose tabs, syringes, sharps boxes, alcohol swabs
 Can-Am Care – flavored glucose tabs
 Cumberland Packing Corp – artificial sweetener packets
 Diabetes Health – magazines about diabetes
 Disetronic Medical Systems – laundry bags
 Eli Lilly – insulin, glucagon, backpacks, water bottles
 Maple Grove Farms – diet syrup
 Medtronic Mini-med – pump support personnel & supplies, shoulder bags
 Mathon & Associates – sugar free cookies
 Novo Nordisk – insulin, plastic bubbles with prizes
 One-Touch Lifescan – flashlights
 Roche – water bottle koozies, flashlights
 Sanofi-Aventis – insulin, log books
 Walgreen pharmacy – glucose tabs



DONOR CHOICE PROGRAMS

You, your co-workers, and friends can use payroll deductions to donate to Camp Hertko Hollow thru your company UNITED WAY, COMMUNITY HEALTH CHARITIES, and LEAVE A LEGACY campaigns. Write in "Camp Hertko Hollow, 101 Locust St, Des Moines IA 50309 515-417-8523" on the pledge sheet. All donations are tax deductible since we are a 501(c)3 non-profit organization.

SUCCESSFUL FUND RAISING EVENTS:

THE GREAT GALENA BALLOON RACE

Shannon and Andy Williams (parents of camper Cody) and Eric Dregne coordinate this terrific event at the Eagle Ridge Resort in Galena, Illinois during June of each year. Funds from this balloon event provided 5 camperships plus lots of fun for spectators. Deb Holwegner and her family even took a hot air balloon ride to see a bird's eye view of the beautiful western Illinois countryside.



Children enjoyed the inflatable bounce house during the Kids Week at camp, thanks to the Great Galena Balloon Race.

CAR WASH

The 4th Annual CHH Car Wash was created by Brock (father of camper Tommy) held at the West Des Moines Dahl's Foods in August. It was so successful that Midwest Tidal Wave, who supplied the free 1,000 gallons of water and power washer ran out of water at exactly 2 pm when the event ended! Jimmy Johns Restaurant and Dahl's Foods donated delicious food for the volunteers. Drake University's Panhellenic Council provided extra volunteers to wash cars to help with their 2008-9 community service commitment. Map Technologies Inc. and DFM Technologies, Inc. provided matching funds and a total of \$1,800 was raised. Plans are underway to do it again next year at Dahl's Foods on the 3rd Saturday of August and have a state wide car wash in other towns on the same date. Get involved by calling the CHH office at 515-471-8523.



PRINCIPAL FINANCIAL CHARITY CLASSIC GOLF TOURNAMENT

This event was held at the Glen Oaks Country Club in West Des Moines as part of the national Senior Golf Tour and draws tens of thousands of visitors to the 3 day event to help raise funds for many selected charitable organizations.

"Birdies" (one stroke under par) by professional golfers and individual donations on line and at the event all helped to make it a successful event.

THE JAMMERZ ROADHOUSE POKER RUN

This was a motorcycle event in Joslin, Illinois, that is held in April or May each year and generates lots of fun, food and entertainment for participants. Laurie & Bill Lomba (parents of campers Shayn & Nina) coordinate this event.

FAMILY FESTIVAL

The 3rd Annual Camp Hertko Hollow Family Festival took place May 3rd at SportsPlex West in Waukee, Iowa. This event was filled with great music from award winning child performer Jim Cosgrove. Prizes, food and rockwall climbing was also apart of this event. Twenty vendors set up booths for parents to browse and they generously gave to our raffle leaving people filled with great prizes to take home. Our many sponsors we would like to thank are: The Iowa Clinic Healthcare Foundation, Stivers Ford, Nobbies Party Store, Blue Bunny Inc, Fareway Food Stores, Mercy Pediatric Clinics, Peoples Trust and Savings Bank, Blank Children's Hospital, Comfort Suites and Financial Plus Credit Union.

RAGBRAI RIDE

Is anything really FREE anymore? Well... people are always FREE to make a difference, FREE to give what they can, and FREE to take the time to help children with diabetes live longer and healthier lives. That is exactly what was witnessed on July 20th, 2008 in Ogden, Iowa, during the RAGBRAI bicycle ride across Iowa. Brad and Penny Casuro, parents of camper Kara and owners of B&P Auto Repair, came up with the creative idea to set up a booth in their small town, giving bikers an opportunity to get free water to fill their water bottles in the hope that they would donate coins and dollars that they could spare to help children who attend Camp Hertko Hollow. Between 10am – 3pm this family and others helped man the booth and fill water bottles on one of the hottest days of that week. Some bikers had two or three bottles to fill. Not only did bikers give generously, but some took information for families with a child who was recently diagnosed from their church or school. Lions Club members stopped by just to say "Hi" and mentioned a child that they had sponsored this year. They also encouraged us to keep up the great work with Camp Hertko Hollow. The total money raised during the 5 hours was enough to sponsor a full campership for 2009. We would like to thank the Caruso family for organizing this great event that was fun, simple to put together, and that gave those bikers an opportunity to FREELY give. If your family wants to participate in something similar for next year's RAGBRAI call the CHH office at 515-471-8523. Next year's dates are July 19-25, 2009. View www.Ragbrai.org for details about the route thru Harlan, Jefferson, Ames, Tama-Toledo, North Liberty, Tipton, & LeClaire. Want to ride yourself? We could form a CHH Team to ride parts of the ride.

Message from Darwin Thomas, who was the Eagles President 2007-08 and Auctioneer for the Eagles:

I do have some pretty awesome news to share with you all. I attended our International Convention in Louisville, KY and a major presentation was given to the approximate 2,400 member delegation from the United States and Canada. A motion was made and it passed unanimously!

Now, the very first Fraternal Order of Eagles Diabetes Research Center will become a reality in Iowa City, Iowa!! This partnership with the university is a fifty million dollar commitment with each entity going half. This is expected to put a new face on our organization. During this past year we got very used to saying "Until there's a cure, there's Camp Hertko Hollow"!

It was a supreme honor for us to serve your kids and now it's quite overwhelming that our organization is taking this huge step to try and find a cure for the disease that rocks their world. I am very glad that we picked Camp Hertko Hollow and all of this has unfolded during my time as state president. And I will remember this for the rest of my life.

Darwin Thomas



Featured items this fall:

Warm fuzzy blankets to curl up on the couch this winter or take to a football game Available in Blue, Fuchsia Pink, Charcoal Grey or Purple. \$25



Cozy hooded sweatshirts Available in Pink, Red, Charcoal Grey, Gold and Purple in adult sizes S, M, L, XL, XXL \$30

Travel mugs to keep your coffee or sugar-free hot cocoa warm for the cold months ahead. \$12.00

WE'VE GONE ELECTRONIC!

Our Hertko Holla' Newsletter with color photos is now posted on our website: www.CampHertkoHollow.com. Plan to view it there instead of receiving a paper copy. Please send your email address to:

CampHertkoHollow@aol.com to receive notification on the day it is posted. Provide your name, address, phone and connection to camp. (Former camper or staff, donor, nurse, etc.)

Looking for some great holiday gifts?

Camp Hertko Hollow Logo merchandise would make a special gift for your favorite camper! Hooded sweatshirts, fleece blankets, coffee mugs, baseball caps, fanny packs, cookbooks, "diabetic" shorts, "Got insulin?" T-shirts and more. Call 352-350-3496 to check sizes and colors that are in stock. Order form will be placed on our website soon.

Send an email message to CampHertkoHollow@aol.com or call 888-437-8652 to receive copies of the CHH Brochure. The brochure is also available on our web site: www.CampHertkoHollow.com It's exactly the same as the 2008 brochure – just with the 2009 camp dates. The brochure is available in Spanish

Matt Adams received his 10th year Camper Award and 31 campers received their 5th year attendance awards:

Ari Bakke
Nick Barillas
Robby Brandt
Nicholas Brinkmoeller
Beth Carmichael
Ariel Charter
Sarah Christensen
Taylor Coon
Paige Crowley
Nathan Deaton
Serenity Findlay
Briley Fisher
Alicia Garside
Garrett Haag
Adam Hadiji
Adam Hills
Jenna Holwegner
Alex Kading
Sydney Kamradt
Brittney Maynes
Tanner Nelson
Jacquelyn Pasker
Tristan Paulus
Kaitlin Peterson
Gabe Quisling
Luke Rauen
Kolt Rossiter
Stephanie See
Dakota Simons
Macey Spensley
Megan Swaggerty

Congratulations to staff members who received the following awards:

5th Year Award: Larry Adams, LIT co-director
Lisa Caffery, RN
Kevin Carver, counselor
Anne Citarella, RN
Dr. Mike Fullmer
Megan Humpal, counselor
James Peachee, counselor
Dane Neelson, counselor
Leslie Schulte, counselor

10th Year Award: Dr. Mike Tansey & Kathy Vannoy, RD
20th Year Award: Chris Murray, Rover
40th Year Award: Vivian Murray, Camp Director

CAMP DATES FOR 2009:

June 28 – July 4 for Teen Week (Grades 6-12)

July 5 – 11 for Kids Week (Grades K-5)

Parent Fee is \$650 plus the \$50 deposit. Actual cost per camper is over \$900, so all donations are greatly appreciated.



CAMP HERTKO HOLLOW is accredited by the American Camp Association (ACA) and is a member of the Diabetes Education and Camping Association (DECA) (www.diabetescamps.org). It is an independent 501(c)3 non-profit organization and does not receive any funding from the government or national diabetes organizations. All donations are tax deductible. Call 515-471-8523 to use a credit card for donations.

THANKS FOR YOUR DONATIONS!!

All donations are mailed to Camp Hertko Hollow, 101 Locust Street, Des Moines, IA 50309. Please make a note if you want to sponsor a particular child or one from your local area. The following donations were received from February 1 thru August 31, 2008. THANKS FOR YOUR SUPPORT TO HELP KIDS WITH DIABETES!!!

WE APPRECIATE YOUR GENEROUS DONATIONS! Without your financial assistance, Camp Hertko Hollow would not exist.

Over \$182,000

Fraternal Order of Eagles- Iowa

\$15,000

Prairie Meadows

\$10,000 - 14,999

Community Health Charities - Iowa
Iowa Medical Society Education Foundation
Midwest Medical Insurance Holding Company
Ronald McDonald House Charities of Central Iowa
Schwartztrauber Good Samaritan Foundation, Inc.
Griswell, Barry/ Michele
Houghton, Jack/ Barbara

\$3,000 - 4,999

Cosmopolitan - Three Rivers
Dubuque Fund Raiser
Great Galena Balloon Race
LIONS - District 9NC
Pella Rolscreen Foundation
Principal Financial Group Foundation
Hertko, Dr. Edward/ Victoria

\$2,500 - 2,999

Iowa Health Medical Staff - Des Moines
Iowa West Foundation
Kiwanis Foundation of Des Moines
Leonard Good Trust
LIONS - Knoxville
Pella Corporation
O'Brien, Carolyn Jane

\$1,000 - 2,499

Cerro Gordo County Medical Society
Cosmopolitan - Council Bluffs
Cosmopolitan - Sioux City
IFMC Community Initiative
Kiwanis - Ames Town & Country
Kurt Brewer Family Foundation
LIONESS - Urbandale
LIONS - Balltown
LIONS - Council Bluffs
Principal Insurance Company
St. Mark's Lutheran Church-West Des Moines
Thrapp Trust
Trinity Health Foundation
United Way of Quad Cities
Burke, Dr. William/ Rebecca
Dunn, Ruth
Kelley, Dr. John/ Janice
Mishler, Jack/ Teri
Olds, Dr. John/ Rosemary
Pierce, Joseph/ Martha
Toriello, Dr. Dante
Witt, Andrea/ James

\$500 - 999

ABC Metal & Recycling
Beverage Store
CDS Wellness
Diabetes Action Research & Education
Foundation
Financial Plus Credit Union
Fraternal Order of Eagles

Galena on the Fly
Gilbert & Cook
Home Diagnostics
Insulet Corporation
Iowa Health System
LIONESS - Ames
LIONESS - Sioux City
LIONS - Audubon
LIONS - Dyersville
LIONS - Fairfield
LIONS - Fort Dodge
LIONS - Humboldt Evening
LIONS - Johnston
LIONS - Keosauqua
LIONS - Le Mars
LIONS - Pella
LIONS - Rock Island Evening
LIONS - Sioux City Evening
LIONS - Urbandale
LIONS - Wall Lake
LIONS - Waukon
LIONS - Webster City
Palmer Lutheran Health Center
Ragbrai Fundraiser
Ramaekers Insulation
United Way of Story County
Vanguard Charitable Endowment
Branstetter, Monty/ Debbie
Buckley, Sarah
Cook, Delores/ Tommy
Decker, Steven/ Dixie
Eckhoff, Dr. Ronald/ Barbara
Ghrist, Ann/ John
Hanna, Jeanette
Huth, David/ Sherle
Johnson, Timothy
Joseph, Toby
Klostermann, Bonnie
Muller, Eric/ Kim
Pruett, Lou/ Jack
Ross, Thomas
Shaw, Dr. Robert/ Rebecca
Sieman, Dr. Robert/ Loretta

\$100 - 499

AAA Electric & Communications
Alternative Treatment Associates
American Legion
Before & After Painting
Classic Bodyworks
Collins Community Credit Union
Collison Services
Eaton Corporation
Egyptian Vault Company
ELKS-BPO #1270
Ellsworth Community Assn
Evananglical Free Church
Fraternal Order of Eagles, Aerie No 3876
Graziano Brothers
HyVee - Ames
Iowa Mutual Insurance Company
Iowa State Bank

IPSCO Steel, Inc
Jaycees - Ankeny
Kiwanis - Alta
Kiwanis - Ida Grove
Kiwanis - Story City
Knights of Columbus
LIONESS - Britt
LIONESS - Indianola
LIONESS - Marshalltown
LIONESS - Neola
LIONS - Akron
LIONS - Algona
LIONS - Ames Breakfast
LIONS - Batavia
LIONS - Bayard
LIONS - Boone
LIONS - Britt
LIONS - Burt
LIONS - Callender
LIONS - Carlisle
LIONS - Carroll
LIONS - Cedar Rapids
LIONS - Charles City
LIONS - Creston
LIONS - Davenport
LIONS - Davenport Breakfast
LIONS - De Witt Nite
LIONS - Decorah
LIONS - Dubuque Noon
LIONS - Eitzen, MN
LIONS - Eldora
LIONS - Emmetsburg
LIONS - Everly
LIONS - Ft. Madison
LIONS - Gilbert
LIONS - Grand River
LIONS - Grandview-Letts
LIONS - Green Mountain
LIONS - Hudson
LIONS - Indianola
LIONS - Iowa City Noon
LIONS - Jewell
LIONS - Kellogg
LIONS - Laurel
LIONS - Lone Tree
LIONS - Madrid
LIONS - Manson
LIONS - Massena
LIONS - Missouri Valley
LIONS - Morning Sun
LIONS - New Hampton
LIONS - Norwalk
LIONS - Oelwein
LIONS - Ogden
LIONS - Ottumwa Evening
LIONS - Ottumwa Noon
LIONS - Pleasant Hill
LIONS - Pleasantville
LIONS - Pocahontas
LIONS - Prairie City
LIONS - Red Oak
LIONS - Reinbeck

LIONS - Rippey
LIONS - Rowan
LIONS - Shell Rock
LIONS - Sigourney
LIONS - Storm Lake
LIONS - Story City
LIONS - UIHC
LIONS - Victor
LIONS - Walcott
LIONS - Washington
LIONS - Waterloo
LIONS - Waukee
LIONS - Waverly
LIONS - West Bend
LIONS - West Branch
LIONS - Williamsburg
LIONS - Winterset
Meister Construction
Mid America Energy Foundation
Montezuma Manufacturing
New Hope Lutheran Church
PEO Chapter LJ
Pleasant Hill Firefighters Assoc
Professional Powerwashing
RJ Crum, Inc
Striver Ford
Studio 5678, Inc.
Thrivent Financial
TTT Chapter D.L.
United Commercial Travelers of America
United Methoist Church- Galva
United Way - Story City
United Way of Olmsted County
Veridian Credit Union
VTI Architectural Products
Waukee Wellness & Chiropractic
Wells Fargo Community Support Campaign
Zollman Chiropractic Clinic
Asner, Julie
Ausehus, Brant/ Rachel
Axtell, Maynard/ Irene
Baker, Deborah
Barber, Kelly
Binder, Lisa/ Dennis
Blackburn, Heather
Boldman, Keith/ Emiann
Boyken, Quentin/ Inez
Brown, David
Buske, Sherry
Buttrey, Phillis
Christiansen, Ann
Crystal, Wayne/ Sherry
Dannen, Karen
Demerath, Kenneth/ Mary
Ferden, Eugene/ Florence
Foss, Larry
Gallup, Peter
Garrett, Teri
Gaskill, Robert
Gesiriech, Charles/ Joyce
Haack, Rick/ Susan
Hanson, April

Harris, Ryan	Judy's Hair Salon	Beck, Alan/ Deanna	Kuehn, Lois
Hertko, Martin/ Oma	LIONESS - Boone	Beeson, Donald/ Ann	Lance, Danielle
Hetherington, Dr. Peter	LIONESS - Durant	Bender, Jean	Langel, Rick/ Kim
Holwegner, James/ Deb	LIONESS - Fort Dodge	Bennett, Carroll/ Mary Jo	Lansing, Jim
Jagiello, Dr. William/ Lorrie	LIONS - Alburnett	Bennett, Kelly	Latare, AO/ MF
JeanBlanc, Joel/ Denise	LIONS - Bettendorf	Braun, Elizabeth	Lemon, Donald
Johnson, June	LIONS - Blue Grass	Brinkmoeller, Al/ Joyce	Lemon, Gary
Johnson, Linda/ Severin	LIONS - Cedar Rapids Noon	Brown, Lois/ JC	Lichter, Theresa/ Bradley
Johnson, Ruth/ Kirk	LIONS - Centerville	Bruce, Charles/ Imy	Louk, Rev. James/ Lynn
Kaufman, Jim	LIONS - Colo	Carpenter, Janet	Lownick, Vernal
Keck, David/ Gina	LIONS - Columbus Junction	Carstensen, Karla/ Matthew	Lucas, Coyla
Kirvin, Cecelia	LIONS - Dubuque Evening	Cercevic, Mira	Lyon, Irene
Kramer, Kay/ Mary	LIONS - East Des Moines	Chapman, Robert	Maddox, Gene
Kramme, Janet/ Paul	LIONS - Forest City	Chesnut, Renae	Matt, Edward
Kutchen, Mark	LIONS - Forest City Breakfast	Clark, Jackie/ Joyce	McGee, Patrick/ Joann
Lacoste, Jean	LIONS - Garrison	Clarke, Mary	McKenna, Candi
Lasko, Jjoseph/ Judith	LIONS - Garwin	Clausen, Rodney/ Shelley	Meyer, Kristin
Lee, Charlene/ Leslie	LIONS - Grinnell	Clay, Lorraine/ Donal	Mireles, Randy/ Regena
Markussen, Tom	LIONS - Harlan	Correll, Linda	Mosher, Michael
Martinusen, Julia	LIONS - Hedrick	Cox, Tiim/ Danette	Murchison, Mary Jane
Matovina, John/ Jean	LIONS - Janesville	Creecy, Susan/ Charles	Neill, Mark/ Lois
McAvoy, Francis/ Marcia	LIONS - Kamrar	Crimmins, George/ Doris	Nelson, Gregory/ Diane
McAvoy, Mark	LIONS - Lake View	Crouse, Scott/ Ann	Nolin, Bernadine
McMillan, Dennis/ Melody	LIONS - Lost Nation	Crow, Larry/ Diane	Orton, William/ Patricia
Neary, Marci Simpson	LIONS - Marengo	Crum, Janet	Patterson, Robert
Nelson, Corrine	LIONS - Marshalltown Evening	Devick, Lisa/ Ben	Perkins, Moneta/ Donald
Nickel, Sharon	LIONS - McCallsburg	Dimmick, Christopher	Peterson, Ronald/ Patricia
Norman, Lyle/ Judi	LIONS - Mechanicsville	Donnell, William/ Barbara	Phillips, Roxanne
Nurse, Michelle	LIONS - Melcher-Dallas	Dory, Elaine	Pierce, Steven
Olson, Dennis	LIONS - Nevada	Dougherty, Ron/ Diane	Rabinowitz, Sheldon/ Roselind
Peel, Brenda	LIONS - New London	Duncan, Kay/ Mary	Randleman, Sarah
Pettit, Daryl	LIONS - Oakland	Duro, John/ Barbara	Read, Harry/ Shirley
Quass, La Verne/ Janice	LIONS - Olds	Dvorak, Phillip/ Ellen	Rees, Michelle
Roberg, Frances	LIONS - Panora	Fellows, Joseph/ Amy	Reisch, Robert/ Shirley
Rodgers, Dr. Louis/ Gretchen	LIONS - Pomeroy	Fitzpatrick, James/ Ellen	Ross, Lila/ Donald
Roy, Steve/ Sarah	LIONS - Princeton	Fletcher, Michael	Rumley, Cheryl/ Donald
Rye, Paul/ Linda	LIONS - Shenandoah	Foreman, Deborah	Rutt, Anna
Sabby, Laura	LIONS - State Center	Fritzsche, Rebecca	Saathoff, H.H./ D.M.
Sivitz, Dr. William/ Karen	LIONS - Strawberry Point	Gentile, RA/ KM	Salisbury, Daniel/ Brenda
Slack, Nancy	LIONS - Urbana	Goins, Mark/ Peggy	Scott, Paul/ Judith
Smaha, Shellie	LIONS - Van Horne	Gordon, Nancy Clark	Secia, Nylia
Starck, Donna/ Paul Clark	LIONS - Vincent	Greene, Alfred/ Donna	Simonson, Angie
Stauffer, Lois	LIONS - Vinton	Hamann, Daniel	Simpson, Tammy
Stroh, Jacob	LIONS - West Burlington	Hamman, Coleen	Snook, Willard/ Gloria
Tehel, Mary	LIONS - What Cheer	Hamed, Harold/ Ethel	Sohn, Arnold
Tetmeyer, Mike/ Madelyn	LIONS - Wyoming	Harper, Marilyn/ Melinda	Soltis, Denise
Tezak, Deborah	Living Word Fellowship	Hart, Sheila Anne	Sorensen, Kelly
Thiede, Barbara/ Craig	Main Street Sytlist	Havermann, Brian/ Martha	Stanton, Patricia
Tish, Michelle	Methodist Women of Eldridge	Henke, Christiana	Steinberger, Jo Anne
Tish, Wesley	Mountain Designs	Henry, Joe	Sullivan, Michelle
Tremain, Maureen	Musco Sports Lighting	Hindman, Kenneth/ Audrey	Swanson, Douglas/ Lenette
Tuttle, Sharon	Optimist Club of Washington	Hoereth, Scott/ Maribelle	Swim, Sherrie
Welch, Matthew/ Samantha	Parker Norris Financial	Hoffman, David/ Shelly	Tomhave, Darlene
Weldon, Jerry/ Sheila	Sorensen Auto Plaza	Holst, Trudi	Trudo, Ronald/ Linda
Winchester, Kelli	Troy Elevator	Houchins, Lisa	Vande Kieft, Dorothy
Wolf, Ann	United Methodist Church- Britt	Hutchins, Dorothy/ George	Vonk, Colleen
Wolf, Brian	United Way of Clinton County	Jay, Max/ Verta	Webber, Larry/ Patrice
Woods, Jack	Van Mesbergen Insurance	Johannsen, Ronald/ Julie	Wells, Jean
Worth, Brian/ Carol	VFW - Post 3519	Johnston, Dennis/ Nancy	White, Amber
Young, Donna	Allison, Sandy	Kanealy, Devin/ Rhonda	Wiedman, Jerald/ Rosalie
	Andraschko, Anne Meehan/ Richard	Kelleher, Coleen	Williams, Ivan
	Anhorn, Reuben/ Eva	Kelly, Mary Ann	Williams, Judy/ Fred
	Appel, Nancy John	Kennedy, Catherine	Willits, Marilyn
	Assman Kimberly	Kinney, Richard/ Patricia	Wilson, Donna
	Barr, Suzanne	Kirk, Bruce/ Renee	Wilson, Margaret
	Bassett, Kenneth/ Donna	Kirkle-Carney, Cathy	Wood, Michael/ Michelle
	Beaman, Patrick/ Joann	Klemish, Ardeth	Zaharis, Leona

Under \$100

Animal Doctors
Big T Auto Credit
Customized Newspaper Advertising
Echoes Cookie Shop
Fetcho Family Chiropractic
Gilman Rebekah Lodge #803

CAMP HERTKO HOLLOW is accredited by the American Camp Association (ACA) and a member of the Diabetes Education and Camping Association (DECA). It is an independent 501(c)3 non-profit organization and does not receive any funding from national diabetes organizations. All donations are tax deductible.

IT'S EASY TO USE YOUR CREDIT CARD TO MAKE A DONATION TO CAMP HERTKO HOLLOW. CALL 515-471-8523 and speak to Ann Wolf, Executive Director directly (Do not leave your credit card information in a message).



CAMP HERTKO HOLLOW, INC.

101 Locust Street
Des Moines, IA 50309

Presorted-Std.
U.S. Postage
PAID
Mt. Dora, FL
Permit # 120

CALL TOLL FREE: 888-437-8652

E-MAIL: camphertkohollow@aol.com

**IOWA'S CAMP FOR
KIDS WITH DIABETES**

Hertko "Holla"



The Wacky Olympics Fund Raiser totaled \$12,742 this year. Campers tried to walk together on eight foot 2x4s and did many goofy contests. A good time was enjoyed by all.

Winners during Teen Session:
Most Sponsors - Travis Hoepfner
Most Money - Tristan Paulis

Winners during Kids Session:
Most Sponsors - McKenna Adney
Most Money - Nathan Hoepker



Mary Beth Goeser, RN, talks with campers during a diabetes education session. She put some rocks in a plastic glass to represent the important things that kids with diabetes need to do each day – such as doing blood sugar tests, taking insulin, counting carbs, and getting exercise. Then there's room for everything else each day (the salt). If the glass is filled up with salt first, there's not enough room for the rocks.



OUR NEW REVISED CAMP HERTKO HOLLOW WEB SITE will be posted around November 1st. It will be fun for kids of all ages and their parents to click on the creative interactive drawings. Get a glimpse of the new website design features below. Be sure to check it out in November!

Chris & Vivian Murray pose in front of a quilt made from Camp Hertko Hollow T-shirts during the recognition ceremony marking Vivian's 40 years as Camp Director and Chris' 20 years as the rover. Dave Sherry, YMCA Executive Director, praised Vivian for her dedication, enthusiasm, and her ability to successfully adapt to six different Y Camp Director over her 40 year tenure.



WILL THE REAL VIVIAN & CHRIS STAND UP? Annie Tighe and Larry Adams dress up as "Vivian and Chris" to entertain at the receptions honoring the Murrays for their combined 60 years of service to Camp Hertko Hollow.

