

Hertko "Holla"

Camp Hertko Hollow Newsletter - Spring 2010

April Family Diabetes Weekend

Children with diabetes, the parents, grandparents, and siblings were able to attend our Camp Hertko Hollow Family Diabetes Education Weekend on April 24-25th at the Y-Camp. The weekend was geared for those children who were newly diagnosed or who haven't attended the summer camp yet. There were 161 registered for the fun event, which included a Hawaiian luau, a talk by a Y-Camp naturalist with a live owl, making messy volcanoes, a campfire with s'mores, horseback rides, outdoor games, crafts, and lots of diabetes education. Thanks to our volunteer staff members, including Dan Sleiter, Jim Lansing, Deb Neuharth, Megan Humpal, Tara Littler-Scholl, Nicole Pryor, Kim Letz, Angie Noethe, Debi Thilges, Cory Wilczynski, Pat Patterson, Shelby Miller, and Jessica Lohry with her service dog who detects high & low blood sugars. Of course Deb Holwegner, Ann Wolf, Vivian & Chris Murray were there to lead the event, which was a terrific success.



Special News, Notes & Highlights!

Spring is finally here in Iowa after a long, cold winter! That means Camp Hertko Hollow is in full swing with all of our promotional activities to support our 2010 summer camp sessions coming up in just 3 months! We need your help too in fundraising! Visit our website for more information on our fun 'fund'raising activity ideas that you can do in your own communities to support Camp Hertko Hollow.

Now is the time to reserve a bed for your child at Camp Hertko Hollow this summer. It's fast and easy! Just go to our website to use our new online system. Click on Summer Camp on the left side. You will need to create a username and pass code for a new camper since this is a new system. You will "Pre-Register" your camper and pay the \$50 deposit. Then complete the Registration form online, select a Tier level for the Parent Fee, print off the Physical Form for your physician, and mail the Application for Financial Aid (only if Tier 4 is chosen). The important thing is to make sure all kids ages 6-18 with diabetes have the opportunity to attend Camp Hertko Hollow. Any questions or to obtain a paper application form, contact Camp Director, Vivian Murray at 888-437-8652 or email: CampHertkoHollow@aol.com.

Remember, our monthly E-Newsletter helps keep our terrific families, campers and staff connected all year long! What an exciting and fun way to share monthly newsworthy events, highlight special achievements in addition to having everyone view our great website for our campers, families, donors, and volunteers.

We want to hear from you too! Be sure to send us 'newsworthy' news from your own homefront that highlight special diabetes events and activities, accomplishments and recognition from your own communities, family, friends and co-workers. Send or email related stories to our Des Moines office at: a.wolf@camphertkohollow.com. We'd love to hear from you.



101 Locust Street
Des Moines, IA 50309
Toll Free 888-437-8652
Email: camphertkohollow@aol.com

Iron Andy Triathlon Challenge with Camp Hertko Hollow at the Hy-Vee Triathlon Event in June



We want to pump you up! Camp Hertko Hollow has been selected as the first diabetes camp with the Iron Andy Foundation to compete in the Hy-Vee Triathlon Kids Race, Sat., June 12, 2010. This is a wonderful opportunity for our campers, past, present and future, to participate and compete as a team. The Iron Andy Challenge is a nationally recognized program fulfilling the Embracing Physical Activity component of the Iron Andy Challenge Mission statement.

Andy Holder, nationally recognized Triathlete and spokesperson, Type 1 diabetic and founder of the Iron Andy Foundation, the Iron Andy Challenge and Team Iron Andy, is looking for Camp Hertko Hollow youth who would like to compete in the race.

The Iron Andy Challenge awards diabetes camp and leadership conference scholarships to children and young adults who demonstrate ability and desire to meet each of the following 3 criteria:

1. embrace physical fitness challenges.
2. give back to the diabetes community by participating/fundraising for diabetes education and awareness, and
3. serve as a diabetes advocate and role model.

More information will be posted on our website and in future e-newsletters about this terrific event to help support local diabetes camperships. If you're interested in participating in this fun and worthwhile Kids Race contact our Des Moines office @: 515-471-8523 and ask for Ann. More information can be found at: www.ironandyfoundation.org and hy-veetriathlon.com

Have you viewed our new CAMP VIDEO on our website? Request a DVD to show to service clubs by calling 515-897-8264.

.....
Are you a former Camp Hertko Hollow camper or staff member? Please send an email to CampHertkoHollow@aol.com to update your contact information. We want to hear from you!

www.camphertkohollow.com



Camp Hertko Hollow families enjoyed Brett Michaels' concert in Des Moines, and were able to get his autograph and a photo.



Variety Telethon Support - a BIG Thank You!

Thank you to Dr. Hertko and his wife Vicki for lending their time, effort and vocal chords in working the phones for the Variety Telethon campaign in March. They were part of a selected panel of phone call recipients/callers that were encouraging people to call into the Telethon to support the event with pledges. Variety was able to raise more than \$3 million in a 23 hour period! WOW!

Camp Hertko Hollow has received over the past several years close to \$200,000 through Variety-The Children's Charity efforts. We appreciate the Hertkos support of Variety so that Variety can help support us.

EASY FUND RAISERS ON YOUR COMPUTER:

Web searches: Use www.goodsearch.com and type in "Camp Hertko Hollow" as your favorite charity to benefit our diabetes camp each time you do a search. What an easy way to generate some funds!

Shop on web at www.IGive.com to benefit CHH.

Make travel plans on web at www.ytbtravel.com/CampHertkoHollow - a full service travel web site. Take a look at the deals to save on travel, hotel reservations, cruises, and more.

UNITED WAY, COMMUNITY HEALTH CHARITIES, and LEAVE A LEGACY are donor choice programs at your workplace that provide a great way to use payroll deductions and show support through your business. Just write "Camp Hertko Hollow, 101 Locust St, Des Moines, IA 50309" on the pledge card. All donations are tax deductible. Encourage other employees to also show their support.

THANKS FOR YOUR DONATIONS!!

All donations are mailed to Camp Hertko Hollow, 101 Locust Street, Des Moines, IA 50309. Please make a note if you want to sponsor a particular child or one from your local area. The following donations were received from September 1, 2009 thru March 31, 2010. THANKS FOR YOUR SUPPORT TO HELP KIDS WITH DIABETES!!!

WE APPRECIATE YOUR GENEROUS DONATIONS! Without your financial assistance, Camp Hertko Hollow would not exist.

\$30,000

Variety - The Children's Charity

\$20,000

Juvenile Diabetes Assoc - Quad Cities

\$10,000 - \$14,000

Community Health Charities
Employers Mutual Insurance (EMC)
Prairie Meadows

\$5,000

IMS Education Fund
Charles/ Mary Barnes

\$4,000 - 4,999

Cosmopolitan Diabetes Foundation

\$3,000 - 3,999

Becker Family Foundation
Drake University - College of Pharmacy

\$2,000 - 2,999

Kinney-Lindstrom Foundation
Iowa Diabetes & Endocrin Center
Fund Raiser - Run Like a Girl
Bank of America
Robert/ Bonita Klostermann

\$1,000 - 1,999

O'Brien Family Foundation
Medtronic Foundation
Gilbert & Cook
Burnett Family Foundation
Keith/ Joyce Borglum
Dr. William/ Rebecca Burke
Dr. Ed/ Victoria Hertko
Bruce/ Susan Kelley
Dr. Richard/ Barbara Savage
Samuel/ Alice Tokuyama, MD
Cathy Weideman, MD

\$500 - 999

United Way of Quad Cities
Dr. Robert Reid Shreck Living Trust
Lomplengeling Farms
LIONS - Sioux City
LIONS - Red Oak
LIONS - Pella
LIONS - Keosauqua
LIONS - Iowa City
LIONS - Clive
LIONS - Balltown
LIONS - Ankeny
LIONS - Altoona
Holy Trinity - School fund raiser
Lori/ John Berglund
Monty/ Debbie Branstetter
Tamara Buhrow
Eric Shofroth/ Lisa Caffery
Dr. Richard/ Mary Ellen Carano
Dr. Robert/ Annette Cech
Leslie Cox
Dr. Ronald/ Barbara Eckoff
Sally/ Gene Ehlert
Rebecca Fritzsche

Curtis/ Nancy Hoegh
Mary/ Steven Hulme
Dr. Allen/ Katie Kauffman
Eric/ Kimberly Muller
Vivian & Chris Murray
Marc Simpson Neary
Dorothy Parson
Dr. Jennifer Robinson & Robert Mullerlie
Thomas Ross
Dr. David/ Rebecca Sidney
Andrea/ James Witt

\$250 - 499

Run Like a Girl Fundraiser
Mapcon Technologies
Lutheran Community Foundation
LIONS - West Liberty
LIONS - Waukon
LIONS - Ottumwa
LIONS - New Hampton
LIONS - Indianola
LIONS - DeWitt
LIONS - Clear Lake
LIONS - Boone
LIONS - Achley-Geneva
LIONESS - Indianola
Encore Pizza Company
Emma Speaker Revocable Trust
Cosmopolitan Club - Omaha I-80
Con Agra Foods
Anast Foundation, Inc
Michelle Benner
Bruce Blecken
Ronald/ Jewel Coffey
G/ LR Cox
Lawence Crist
Anthony Crowley
Matthew Gunderson
Janet Haag
Larry/ Virginia Hinrichs
John/ Mary Keck
PK & Mary McDonald
Pat McGoldrick
Ray/ Dodee Pugh
James/ Marilyn Rock
Steven/ Sarah Roy
Dr. R.K. Scupham
Dr. Robert/ Karen Shirk
Lyle/ Jan Simpson
James/ June Weiss

\$100 - 249

Wells Fargo Community Support
Veridian
United Way of West Michigan
The Shiloh Foundation
Terry Richards Construction
St. Mark Lutheran Church
Robert/ Sharon Swartzbaugh Foundation
Principal Charity Classic
Pioneer Hi-Bred International
LIONS - Winfield
LIONS - West Burlington

LIONS - Webster City
LIONS - Wall Lake
LIONS - Villisca
LIONS - Treas Laurel
LIONS - Sumner
LIONS - Stockport
LIONS - Peterson
LIONS - Paullina
LIONS - Orange City
LIONS - Ogdon
LIONS - New Virginia
LIONS - Morning Sun
LIONS - Missouri Valley
LIONS - Marshalltown Evening
LIONS - Jewel
LIONS - Indianola Breakfast
LIONS - Hawkeye
LIONS - Grand Junction
LIONS - Geenfield
LIONS - Garnavillo
LIONS - Ft. Dodge
LIONS - Fontanelle
LIONS - Dubuque Noon
LIONS - Donnellson
LIONS - District 9EC
LIONS - Dike
LIONS - Creston
LIONS - Churdan
LIONS - Bettendorf
LIONS - Belle Plaine
LIONS - Akron
Legends American Grille
Guthrie City Hospital
GAP Foundation
Beta Sigma Phi
Bellevue Optimist Club Youth
Gale/ Connie Albertson
Dianne Anderson
Bonnie Balster
Mary Lou Bandstra
Dr. Daniel Bartlett
Dorothy Beary
Dean/ Pamela Berkland
Lois/ JC Brown
Jill/ David Brown
Anne Bryson
John/ Colleen Burgeson
Sherry Buske
Dr. Roger Ceilley
Mark Chambers
Kathy/ Albert Cole
Eric Dann
Franklin/ Pamela Davenport
James/ Deborah Dill
Thomas Dill
John Dooley
Harold/ Carol Edwards
Willis/ Arlene Engh
Doyce Engh
James/ Jean Farrell
Nadine Fraulini
Pilar Garcia

Richard/ Jeanne Glenn
Dr. Richard/ Eileen Gloor
Ray/ Judy Hansen
Sheila Anne Hart
Mr./ Mrs. Heitschusen
Oma Hertko
Paul/ Kim Hertko
Karen/ Steven Hill
Susan Huff
David/ Shirle Huth
Kay Kaalberg
David/ Gina Keck
Shellee/Mark Kersenbrock
Tom/ Ami Knackstedt
Harvey Koch
Billie/ Edward LeClaire
William/ Sheryl Lenagh
Margie/ Jeffrey Maire
Sarah Mason
James/ Chanda Massengale
Jeffrey/ Stacy McConkey
Kenneth/ Dorothy Mehmen
Dr. Mark/ Sheree Menadue
Polly Moore
Susan Morrissey
Nancy Mossman
Howard Musin
Chris/ Robin Nelson
Corinne Nelson
Cecilia/ Andrew Norris
Shelley Nurse
RT/ KL Pearson
Brenda Peel
Noel Penisten
Ronald/ Patricia Peterson
Aubre Phillips
Fredrick/ Keith Plum
LaVerne/ Janice Quass
W.L. Riemenschneider
Frances Roberg
Dr. Louis/ Gretchen Rodgers
Brian/ Tamara Sears
Dr. Larry/ Linda Severidt
Karen Shaff
Sue Sharon
Grace Shofroth
Rachel Stauffer
Janell Steffen
Kelli Stiles
Sally Story
Dr. Stephan/ Susan Taylor
Sherry Taylor
John/ Amy Telleen
Deborah Tezak
Maurine/ Jon Thieszen
Robert/ Debra Thilges
Antonia Tighe
Susan Tighe
Karen Tow
Eva Tsalikian, MD
J.R. Tunberg
Jerry/ Naomi Warner

John/ Tracy Wells
Chris/ Kim White
Mr. & Mrs. Jack Woods
Terrence/ Janine Zimmer

Under \$100

United Way of Story County
United Way - Story
United Way - Clinton County
Quality Home Care Professionals
Pella Rollscree Foundation
LIONS - Woodward
LIONS - Windsor Heights
LIONS - Urbana
LIONS - Strawberry Point
LIONS - Stanhope
LIONS - Rockwell City
LIONS - Reinbeck
LIONS - Oxford
LIONS - Olds
LIONS - New London
LIONS - Michellville
LIONS - Melcher-Dallas
LIONS - Mechanicsville
LIONS - McCallsburg
LIONS - Madrid
LIONS - Lytton
LIONS - Lost Nation
LIONS - Lake View
LIONS - Fremont
LIONS - Fredricksburg
LIONS - Durant
LIONS - Clinton
LIONS - Afton
LIONESS - Strawberry Point
Italian Villages
Iowa Mutual Insurance Company
E Polzine Memorial Youth Fund
American Legion Auxillary, Unit 73
A Taste of Italy
John/ MaryAgan
Edward/ Gloria Ahrendsen
Gregory/ Lori Albansoder
Gordon/ Margaret Albertson
Janet/ Gerald Ales
Joe/ Rae Alesch
Gary/ Carrie Allen
Amos/ Kay Ambrose
Thomas Diezi/ Ann Anders
Michael/ Susan Anderson
Robert Anderson
Brant/ Rachel Aussenhus
Deborah Babb
Michael Badeaux
Larry/ Bonnie Bailey
Kenneth/ Kim Baker
Charles Barellass
Christopher Barillas
Suzanne Barr
Betty/ Thomas Barton
Myrna Battles
Beverly Baum
Kathryn Beary
Catherine Berta
Sarah Bierce
Elaine/ Robert Boes
Louis/ Jodie Bormann

Martin/ Patricia Boyle
JC/ Lisa Brown
Dr. Ronald Orié Browne
Cecil/ Linda Buckner
Mavis Butler
Richard Caffery
Timothy/ Lisa Caffery
Stephan/ Lori Hansen Cave
Scott/ Tami Chambers
David/ Mary Charter
Jackie/ Joye Clark
Judith Collins
Carole Cook
Robert/ Marianne Corbin
Danette Cox
Ronald/ Patricia Cox
Matthew/ Lori Crane
Bruce/ Becky Crane
Larry/ Diane Crow
Robert/ Jacqueline Culp
George/ Susan Cummins
Christina DaSilva
Jerry/ Inez DeMoss
Lori/ John DeMoss
Paul Dennis
Don/ Sandra DeNoon
Bob Dentiinger
Nancy Derderian
Jill/ Jeffrey Dimon
Joseph Dooley
Ron/ Diane Dougherty
Dr. David Drake
James Dunigan
Bill Duro
Dr. Walter Eidbo
Susan/ Dennis Emanuel
Joyce Endecott
Thomas Englemann
RE/ JP Eppert
Robert Files
Lesley Finn
Norma Fisher
Robert/ Margaret Fisher
Edward/ Mary Dell Flattery
Megan Flynn
Mary & Walker Foard
Larry Foss
Betty Frahm
Dustin/ Cathy Frank
Terrance/ Paula Friedman
Dr. Carol Frier
Robert/ Diane Fuller
Robert Gaskill
Shirley George
Floy/ Ramona Gibbons
Allen/ Sharon Gilbert
Doris Gilbert
Richard/ Phyllis Glawacki
Thomas Gleissner
Dennis Goad
Michael/ Jean Goheen
Vicki Goos
EJ/ LJ Gries
James/ Susan Gruber
Jerry/ Ruth Haag
Kathy/ Eric Haage

Scott/ Leighann Haines
Wayne Haines
Jan Haley
Marilyn Harper
Joseph/ Barbara Hertko
Richard/ Mary Hesse
Kim/ Sandra Hewitt
Constance Hillman
Patricia Hoeg
Amy Hoeg
Tyler Hogrefe
Mary/ William Holburn
Doug/ Kimberly House
Larry/ Carol Hudson
Bonnie/ Jon Jackson
Dr. William Jagiello
Jean James
Marcy Jensen
Dagmar Jurgens
Ruth Kabitzke
Courtney Kassow
Monte Kay
Kevin/ Bernadine Keck
Lavon Keese
Evelyn Keller
Merlyn/ Jeanette Knudsen
Barbara/ David Lancaster
Ray/ Diane Langjill
Ruth/ Lowell Large
Wendell/ Tina Larson
Dr. David Lemon
Jill Lindaman
Clayton Lloyd
Carl/ Delores Lock
James/ Barbara Lykam
Wendell Maakestad
John Maeglin
Joseph/ Jackie Maher
Mark/ Janice Majeski
Allison Marr
Marilyn Martens
Bridgette Maynes
Donald/ Joyce McClellan
Scott/ Brenda McCloud
Patricia McCormick
Beverly McGrath
Mr./ Mrs. RJ Menke
M. Miller
Helen Miller
Carolyn Monaghan
Arthur/ Barbara Mott
Linda Myers
Daniel/ Sandra Myers
Patricia Napier
Mark/ Lori Neill
Mr./ Mrs. Donald Neumann
Sheryl Norman
Ken Nurse
Kathy Olberding
Douglas Olson
Perry/ Sue Osborne
Shelly/ Jason Parson
Daryl Peitersen
Faye Perkins
Thomas/ Debra Peterson
Kyle/ Roxanne Phillips

Joel/ Ronda Pierce
Robert/ Bonita Polzin
Timothy Potter
Lisa/ Gayle Powell
Ray/ Gayle Preston
Joseph/ Diane Proctor
James/ Brenda Pyrz
Sheldon/ Roselind Rabinowitz
Shirley/ Harry Read
Mary/ Robert Reilly
Janice/ Donald Reimers
Robert/ Shirley Reisch
Marvin/ Donna Rhodes
LeKaren/ Mark Rickman
Scott/ Brenda Riemenschneider
Joanne Robinson
Cheryl Rumley
William/ Kathleen Ruth
John/ Kathleen Ryan
Clarice Sarchet
Kimberly Schade
Richard/ Cheryl Schaefer
Marvin/ Virginia Scheurer
John/ Susan Schmid
Joan Schneider
Albert/ Margaret Sebillie
Amber/ Brandon Seeman
Mary Beth Shapcott
Boyd Shieler
Emily Sirek
Marne/ David Sirfus
Vicki Sivesind
Jeffrey/ Jenny Smith
Jacqueline Smith
David/ Leanna Spaulding
Vaughn/ Mary Speer
Mary Spriet
Paul Clark/ Donna Starck
Thomas Stark
Chere Steiner
Brian Stickel
Philip Stoffregen
Vicki Strang
Michael/ Julie Styvaeret
J & M Thoma
Carolyn Thompson
Diane Thompson
Darlene Tomhave
Troy/ Tonya Tougas
Natalie Tripoli
Michael/ Sherry Turner
Margaret Van Camp
Leona Van Hove
Donald Voelker
Deborah Waring
Larry/ Patrice Webber
Steven/ Karen Weiss
David/ Ellen Welborn
Denise Wheeler
Lorie Wilcken
Mary Ellen/ Donald Wishart
Nicky Wynne
Suzanne Yackley
William/ Susanne Zimmerman

CAMP HERTKO HOLLOW is accredited by the American Camp Association (ACA) and a member of the Diabetes Education and Camping Association (DECA). It is an independent 501(c)3 non-profit organization and does not receive any funding from national diabetes organizations. All donations are tax deductible.

IT'S EASY TO USE YOUR CREDIT CARD TO MAKE A DONATION TO CAMP HERTKO HOLLOW. Use the "Donate Now" button on our web site to make credit card donations or mail a check payable to Camp Hertko Hollow to our office at 101 Locust Street, Des Moines, IA 50309.