

Hertko "Holla"

Camp Hertko Hollow Newsletter - Spring 2011

SIGN UP NOW FOR DIABETES CAMP

Tell all families with children ages 6-18 who have diabetes to register on our website for an exciting week at camp this summer. Dates are June 26-July 2, Kids Week for ages 6-12 and July 3-9 Teen Week, for ages 13-18. Registrations are done online on a first come, first serve basis until capacity is reached or by the June 15th deadline. Click "summer camp" on our home page. www.CampHertkoHollow.com. Call 888-437-8652 for more information or a paper application form. Parents pay only what they can afford, thanks to the many organizations and individuals who help support Camp Hertko Hollow.



THE ANNUAL CAMPAIGN

THE CAMP HERTKO HOLLOW ANNUAL CAMPAIGN consisted of 42 volunteers making phone calls during the month of November. The response was absolutely tremendous as over \$120,000 was pledged. A special "THANKS" to Brant Aussenhus, Troy Norman and Deb Holwegner for their leadership.



101 Locust Street
Des Moines, IA 50309
Toll Free 888-437-8652
Email: camphertkohollow@aol.com

COMPANIES 4 CAMPERS PROGRAM

This new and exciting program for businesses has the following donation levels, which include needed medical staff for the campers for an entire week: We want to recognize the companies who want to help kids with diabetes. Contact Deb Holwegner at 515-897-8264 or d.holwegner@CampHertkoHollow.com for details.

Diamond Level – \$10,000 – Sponsor 10 campers
(This is for an entire cabin!)

Gold Level – \$5,000 – Sponsor 5 campers (Half a cabin)

Silver Level – \$3,000 – Sponsor 3 campers

Copper Level – \$1,000 – Sponsor 1 camper

SPRING FAMILY WEEKEND

Thirty-two newly diagnosed children and their families attended the April 16th-17th event at Y-camp for a total of 152 participants. Parents enjoyed the excellent speakers on numerous diabetes topics. Our guest speaker, Staci Lancaster, presented terrific parenting tips through the "Nurtured Heart"

educational series. The dietitians had the young campers plant seeds, do role play, and use games to learn about nutrition. Horseback riding and the gaga pit were favorite activities. Our first ever TEEN RETREAT had 18 participants and the consensus was to "do it again". The teens created "Bountiful Bouquets" with chocolate covered strawberries and fruit flowers for our Luau banquet in addition to having some terrific discussions about being a teen with diabetes.



www.camphertkohollow.com

IRON MAN ANDY

Earn a campership up to \$1,000 by participating in the Iron Andy Foundation Challenge. Iron Man Andy Holder will be visiting Teen Week this summer to talk with our campers. He's truly an inspiration with his triathlete accomplishments after developing type 1 diabetes. http://ironandyfoundation.org/get_iachallenge.php



DONATE AT YOUR WORKPLACE

United Way, Community Health Charities, and Leave a Legacy are some donor choice programs at your workplace. Just write in "Camp Hertko Hollow, 101 Locust St, Des Moines, IA 50309 on the pledge card.

LEADERSHIP TRAINING

Campers ages 17-18 can participate in the Leadership Training Program during Teen Week. Apply before the May 15th deadline. A few high school graduates will be selected to be Counselors in Training during the Kids Week.

WE ARE COOKING UP FREE CAMPSHIPS!

A free campership is as "easy as pie". Our revised cookbook sells for \$15.99 and tells the Camp Hertko Hollow story while providing diabetic and gluten-free recipes for all to enjoy. Now you can sink your teeth into a chance of a life time. Sell 75-100 cookbooks and you earn a full campership. Contact the manager to set up a booth at a local grocery store, Walgreens, or Wal-Mart and sell away! Contact Deb Holwegner at **515-897-8264** to obtain cookbooks or more information.



UP, UP, AND AWAY!

Launch and track your own helium balloons at the Great Galena Balloon Race for only \$1 each. **The Camp Hertko Hollow Helium Balloon Launch happens on June 17th & 18th at 7:45 pm.** In the weeks after the race check their web site to see if your balloon was found and how far it went! All balloons and tags are biodegradable. The Great Galena Balloon Race is located at Eagle Ridge Resort on Highway 20 in Galena, IL and features over 20 hot air balloons, night glows, tethered rides, a car show, live music and activities for the whole family. Many campers receive campership funds from this event. <http://www.greatgalenaballoonrace.com/events.cfm>



Volunteers are needed to sell or take tickets, filling helium balloons, or work at information booth. Shifts are Friday night and Saturday Night 5-10 pm. Volunteers get a FREE Balloon Race T-shirt!! To volunteer email info@greatgalenaballoonrace.com or call Eric at **815-281-0061**.

SEARCHING THE INTERNET

Use www.goodsearch.com and type in "Camp Hertko Hollow" as your favorite charity to benefit our diabetes camp and it doesn't cost anything..

Have you viewed our new CAMP VIDEO on our website? Request a DVD to show to service clubs by calling 515-897-8264.

Are you a former Camp Hertko Hollow camper or staff member? Please send an email to CampHertkoHollow@aol.com to update your contact information. We want to hear from you!

THANKS FOR YOUR DONATIONS!!

All donations are mailed to Camp Hertko Hollow, 101 Locust Street, Des Moines, IA 50309. Please make a note if you want to sponsor a particular child or one from your local area. The following donations were received from September 1, 2010 thru March 31, 2011. THANKS FOR YOUR SUPPORT TO HELP KIDS WITH DIABETES!!!

WE APPRECIATE YOUR GENEROUS DONATIONS! Without your financial assistance, Camp Hertko Hollow would not exist.

Over \$10,000

Anonymous Grant
Prairie Meadows
EMC Insurance

\$5,000

IMS Education Fund
Iowa West Foundation
Vrendenburg Foundation
Barnes, Charles/ Mary

\$2,000 - \$4,999

Becker Foundation
Community Health Charities
COSMOPOLITAN - International
Lindstrom Foundation
Medtronic Foundation
Pella Foundation
Kane, Dr. Nancy
Kelley, Dr. John/ Janice
Weideman, Dr. Cathy

\$1,000 - \$1,999

Boyer Farms
Burnett Family Foundation
Gilbert & Cook
Harold & Vernita McEachern Family Foundation
Iowa Diabetes Endocrinology Center
ISU Tailgate Fund Raiser
Kohls
LIONS - Burlington

LIONS - Rippey
O'Brien Foundation
Wellmark Blue Cross/ Blue Shield
Aussenhus, Dennis/ Debra
Burke, Dr. William/ Rebecca
Eisenmann, Carl/ Jessica
Kelley, Bruce/ Susan
Klostermann, Robert/ Bonnie
Kramme, JL/ PR
Muellerleile, Jennifer Robinson/ Michael

Murray, Vivian & Chris
Olds, Dr. John/ Rosemary
Reimers, Maurice/ Mary Jean
Wolf, Ann

\$500 - \$999

Am College of Osteopathic Family Physicians
Anast Foundation
Jackie Barney Fundraiser
Kinsey Elementary - Sioux Center
LIONESS - Sioux City
LIONESS - Urbandale
LIONS - Agency
LIONS - Altoona
LIONS - Anita
LIONS - Boone
LIONS - Clive
LIONS - Dewitt Noon
LIONS - Keosauqua
LIONS - Pella
LIONS - Waverly
Panora Breakfast fundraiser
PJC Management
Branstetter, Monty/ Debbie
Carano, Dr. Richard/ Mary
Ceck, Dr. Robert/ Annette
Chambers, Mark
Eckoff, Dr. Ronald/ Barbara
Ehlert, Gene/ Sally
Engman, Larry/ Suzanne
Fritzsche, Dr. Rebecca
Hemphill, Deb
Hertko, Dr. Edward/ Vicki
Hoegh, Curtis/ Nancy
Kaufman, Dr. Allen/ Katie
Kunkel, Joanne
Lerten, Nels/ Patricia
McGoldrick, Pat
Pearson, Ronald/ Ruth
Savage, Dr. Richard/ Barbara
Sidney, Dr. David/ Dr. Rebecca
Simpson Neary, Marci
White, Chris/ Kim
Wimer, Frank Fogarty/ Connie
Wright, Dr. Diana

\$200 - \$499

Baum Harmon Mercy Hospital
Benner Trucking & Dozing
Bunker Hill Church of God
Crestview Elementary
Edge Advertising Specialty Mfg
Encore Pizza Company
Hats Off Fundraiser
John Glenn PTO
LIONESS - Indianola
LIONS - Ackley-Geneva
LIONS - Exira
LIONS - Laurel
LIONS - Mason City
LIONS - Mason City Noon
LIONS - New Hampton
LIONS - Norwalk
LIONS - Paullina
LIONS - Pleasant Hill
LIONS - Red Oak
LIONS - Sheldon
LIONS - Urbandale
LIONS - Urbandale Breakfast
LIONS - Wall Lake
LIONS - Webster City

Lomp Lengeling Farms
Pioneer H-Bred International
Presbytery of Missouri River Valley
Race Car Fundraiser - Cash
Take a Shot for Juvenile Diabetes Fundraiser
Tarbell & Company
The Shiloh Foundation
Wright Medical Center - BMC Surgical Team
Ahrendsen, Gloria/ Edward
Aisenbrey, Sharon
Ambrose, Allison
Appleseth, Mike
Ausehus, Brant/ Rachel
Bacon, Candice/ Kenneth
Barillas, Christopher
Blecken, Bruce
Bratton, Faith/ Walter
Bruckshaw, John
Ceilley, Dr. Roger/ Kim
Citarella, Anne/ Rich
Coffey, Ronald/ Jewel
Crist, Lawrence
Delpesce, Vernon
DeMoss, Lori
Dennis, Dr. David/ Patricia
Finnegan, James/ Lori
Flagler, Richard/ Lynne
Freerksen, Kenneth/ Sue
Haag, Janet
Hertko, Brad
Hertko, Paul/ Kim
Honken, Stan/ Connie
Keck, John/ Mary
LeClaire, Billie/ Edward
Lowery, Lyle/ Donna
Nagle, Michelle
Overton, Dr. Roy/ Mary
Porter, Rochelle
Pray, Dr. Ralph/ Sandra
Repp, Crystal
Rock, James/ Marilyn
Roy, Steven/ Sarah
Scuphan, Dr. Richard
Shaff, Karen
Slining, Cory
Stick, James & Laura Nelson
Taylor, John
Thieszen, Jon/ Maurine
Tighe, Antonia
Tsalikian, Dr. Eva
Usgaard, Becky Knutson/ James
Van Orsdel, William/ Wicker
Vanroekel, Kenneth/ Linds
Vukovich, Charlene/ Mark
Wolf, Brian
Wunderlich, Abby

\$100 - \$199

Anderson-Erickson Dairy
Deever Roofing, Inc
Ella D Ross Trust
Granite, Marble & Tile Solutions
LIONS - Villisca
LIONS - Akron
LIONS - Atlantic
LIONS - Churdan
LIONS - Dike
LIONS - District 9EC
LIONS - Donnellson
LIONS - Jewell

LIONS - Mason City Evening
LIONS - New London
LIONS - Ogden
LIONS - Peterson
LIONS - Sac City
LIONS - Shenandoah
LIONS - Stockport
LIONS - Stratford
LIONS - Sumner
LIONS - Urbana
LIONS - Winfield
Nationwide Foundation
St. Mark's Church
Thomas M. Hamilton Trust
Veridian
Westmark Foundation
Ausehus, Alex
Axtell, Maynard/ Irene
Bangs, Traci
Bartlett, Dr. Daniel
Benner, Dave/ Jane
Boynton, Kathleen
Breckenridge, Dennis/ Vicki
Brown, Lois
Buchner, Cecil
Bunten, Dr. Ronald/ Diana
Burke, Carolyn
Buske, Sherry
Casper, Robert/ Peggy
Ciardo, Irene
Conyers, John/ Joan
Crafton, Joleene
Dann, Eric
DeBruin, Kenneth/ Rose
Dominguez, Joleen
Drustrup, Robert/ Barbara
Durst, W.R./ M.E.
Edwards, Dr. Harold/ Carol
Elder, Nancy/ Harry
Engh, Doyce
Engh, Willis/ Arlene
Fleming, James/ Allison
Forbes, John/ Cynthia
Freeman, Charles
Frye, Michael
Garcia, Pilar
Gibson, James/ Karwyn
Gloor, Dr. Richard/ Eileen
Goldman, Sharon
Gross, Alan/ Mary
Hannan, Gordon/ Marcia
Hansen, Jon/ Jan
Hansen, Ray/ Judy
Heidemann, Sandy
Heitshusen, Susan
Henry, Laura
Hermesen, David & Melanee Adams
Hertko, Oma
Hetland, Janice
Jackman, S.J.
Jackson, Bonnie/ Jon
Jagiello, Dr. William/ Lorrie
Jensen, Lynne
Keck, David/ Gina
Koch, Harvey
Koeplin, Richard/ Carol
Kollmorgen, Dr. Robert/ Marilyn
Langel, Kim/ Rich
Lawson, James & Rachel Stauffer
Maharry, Dr. Randall/ Janet

Marticoff, Kristi
McBrie, Mary
Moore, Polly
Mossman, Nancy
Musin, Jill/ Howard
Narloch, Ross
Nelson, Corinne
Niepoetter, Louise/ Jay
Nitzke, Dr. Everett
Norman, Troy
Nurse, Michelle/ Nick
Page, Mentha Bacon
Peel, Brenda
Pierce, Joel/ Ronda
Plum, Fredrick
Pruett, Jack/ Lou
Purtie, Dr. Mark/ Mary
Quass, La Verne/ Janice
Ranch, David
Reed, Sandra Pomerantz
Reynolds, Stan/ Jody
Richardson, Scott/ Denise
Roberg, Frances
Roos, Autumn Roos
Roos, Ella
Severidt, Dr. Larry/ Linda
Sharon, Sue
Sherry, Dave/ Katrina
Simpson, Lyle/ Jan
Smick, John/ Michele
Staples, Dr. Lawrence/ Marilyn
Starck, Donna & Paul Clark
Stickler, Steven/ Michelle
Swartzbaugh, Robert
Tappendorf, Gary
Tetmeyer, Mike
Tiegland, Dr. Joel
Vaughn, Mervin/ Linda
Warrick, Jerry
Watson, Judy
Weinkoetz, Eric/ Donna
Wendl, James/ Carol
Woodall, Alex/ Shelley
Worth, Brian/ Carol
Worth, Carol/ Leroy
Wynen, Nick
Young, Dr. Donald/ Karen

Under \$100

A Taste of Italy
Air Flow Cleaner
American Legion Auxillary - Unit 73
Arganbright Home Construction
Browning Ford, Inc
Carter Printing
Custom Wash One, Inc
First Data Foundation
Holbrook Construction
KIWANIS - Ames
LIONS - Adair
LIONS - Callender
LIONS - Collins
LIONS - Columbus Junction
LIONS - Ft. Dodge
LIONS - Grandview-Letts
LIONS - Grundy Center
LIONS - Janesville
LIONS - Kellogg
LIONS - Lake View
LIONS - Madrid

LIONS - Marengo
 LIONS - Marshalltown Evening
 LIONS - McCallsburg
 LIONS - Oxford
 LIONS - Panora
 LIONS - Reinbeck
 LIONS - Rockwell City
 LIONS - Rockwell City
 LIONS - Stanhope
 LIONS - Strawberry Point
 LIONS - Traer
 LIONS - West Burlington
 Network for Good
 Ono, Inc
 PEO - Chapter J.Z.
 Washington Community School
 Woodmen of the World
 Abbas, Paula
 Abbott, Thomas/ Roberta
 Albertson, Gordon/ Margaret
 Allen, Tria
 Altenhofen, Robert/ Julie
 Alumbaugh, Lyle/ Jo Ann
 Barker, Raymond/ Virginia
 Barr, Suzanne
 Barton, Thomas/ Elizabeth
 Bell, Dr. James/ Barbara
 Bentzinger, Harlan/ Deb
 Bird, Lois
 Birdsley, Ann/ Jeffrey
 Blacksmith, John/ Pat
 Bockholt, Brian/ Laura
 Boehnke, Alicia
 Elaine/ Robert
 Boock, Brian
 Brown, Patricia
 Bruns, Jane
 Bryan, Charles/ Phyllis
 Buckley, Diana
 Burris, Keilah
 Burton, Jami
 Bylo, Joni
 Caffery, Lisa
 Carper, Kristi
 Chambers, Thomas
 Chapman, Jeffrey/ Paige
 Chapman, Angela/ Anthony
 Charter, Mary/ David
 Church, Brad
 Ciha, Alan/ Christine Milligan-
 Cluney, Catherine
 Cogil, Craig/ Roxanne
 Collis, Judith
 Cortz, Jaimie
 Cox, Kimberly
 Cox, Ronald/ Patricia
 Craighton, Julie/ Keith
 Crane, Bruce/ Becky
 Daniels, Mary Anne/ G.L.
 Dart, Richard/ Stephanie
 Davitt, Richard
 Demarest, Amy/ David
 Denning, Gary/ Gail
 Dennis, Kenneth

Dennis, Kenneth
 Dillow, Gary/ Carol
 Donahey, Dan/ Mary Bette
 Domer, Dr. Douglas
 Dougherty, Ronald/ Diane
 Downs, Lois
 Ecklor, Michael
 Emanuel, Dennis/ Susan
 Eoriatti, Ross/ Christie
 Fields, Gary/ Arlene
 Fisher, Noma
 Fletcher, William/ Judith
 Flynn, Peter/ Nancy
 Foster, Charles
 Frahm, Betty
 Freeman, Susan
 Frier, Dr. Carole
 Froah, Robert/ Carolyn
 Gallup, Pete/ Debbie
 Galvan, Randy/ Jamie
 Garrett, Teri
 Geer, Andrew/ Staci
 Gelomino, Nicholas
 Gibbons, Floyd/ Ramona
 Globakar, Brian/ Elizabeth
 Goeldner, Linda Kubik
 Goins, Peggy/ Mark
 Goins, Dale/ JoAnn
 Gries, E.J/ L.J
 Gruber, James/ Susan
 Gustafson, Dr.John/ Helen
 Hadiji, Deb
 Hafner, Ronda
 Hammerstrom, Marlene
 Hannan, Kelly
 Hanson, Karen/ Rueben
 Happel, Luann
 Harper, Marilyn/ Melinda
 Harris, Scott/ Leighann
 Harvey, Robert/ Ann
 Harwood, Randy/ Arlene
 Havig, Melissa Havig
 Hellkamp, William/ Dorothy
 Hertko, Jodene/ Mark/ Kristin
 Hill, Michelle/ Shawn
 Hillman, Constance
 Hinson, Dr. Daniel/ Nicky, Wyne
 Hoffman, Nita/ Jim
 Holbrook, Rick/ Patricia
 Hollstein, Paul
 Holwegner, Deb/ James
 House, Douglas/ Kimberty
 Houston, Jeff/ Sheila
 Howieson, Jennifer
 Hudson, Larry/ Carol
 Huff, Marvin/ Sally
 Hunter, Peter/ Cindy
 Jackson, Brian/ Barbara
 Jacobson, Melissa
 Job, Sally
 Johnson, Ralph/ Beth
 Jones, Victoria/ Andrew
 Jorgensen, Dennis/ Carolyn
 Kelleher, Brian Dunker/ Coleen

Keller, Evelyn
 Kelm, Kevin/ Vickie
 Kemble, David/ Stacy
 Kaul, J.Melvin
 Koenig, Dr. W.C.
 Kramer, Jeffrey/ Stici
 Laabs, Chad/ Jenifer
 Langill, Raya/ diane
 Lowell/ Ruth
 Larson, John/ Traci
 Latare, A.O/ M.F.
 Lewis, John/ Wanda
 Lichter, Terri
 Littell, Heather
 Lock, Carl/ delores
 Logsdon, John/ Jean
 Loux, J.M.
 Lowe, Gregg
 Maakestad, Kelsey
 Majeski, Janice
 Mandelbaum, John/ Cyril Ann
 Maxwell, Madeline
 McClellan, Donald/ Joyce
 McCloud, Scott
 McGrath, Beverly
 Meckley, Jane
 Melhaus, Brian/ Laura
 Mehmen, Kenneth/ Dorothy
 Menke, Mr. & Mrs. L.J.
 Mericle, Jeffrey/ Tiffini
 Messersmith, Gerald/ Kimberly
 Miller, Melvin Marilyn
 Milligan, John/ Debi
 Moneghan, Carolyn
 Moss, Cindy
 Mulligan, Sidney
 Mulligan, Loren/ Karmen
 Myers, Daniel/ Sandra
 Nalevanko, Traci
 Napier, Pat
 Nation, Dorothy
 Neill, Mark/ Lori
 Neumann, Mr. & Mrs. Donald
 Ober, Jerry/ Patricia
 O'Callaghan, Donna
 Parker, Michael Parker
 Parker, Marianne/ Mark
 Patterson, Patrick
 Pattison, Roger/ Gloria
 Peitersen, Daryl
 Pence, Danielle/ Anthony
 Phillips, Roxanne
 Pommrehn, Carol/ Leroy
 Poner, Rita
 Preston, Dr. Richard/ Phyllis
 Rabinowitz, Sheldon/ Roselind
 Rauch, Lori Anne
 Redfern, Tom/ Cindy
 Reimers, Janice/ Donald
 Riemenschneider, Brenda/ Scott
 Repp, Margaret
 Richey, Margaret
 Ringgenberg, Olga/ Robert
 Robson, Jennie

Rollinger, Danielle
 Ross, Curtis/ Janice
 Rounds, Gregg/ Melissa
 Ruth, William/ Kathleen
 Sanders, Pat/ D.D.
 Sarchet, Clarice
 Scheel, Michelle
 Schmacker, Patricia
 Schulze, James
 Schwarzkopf, Betty
 Sciacitano, Kathryn/ Anthony
 Sebbe, David/ Erin
 Shaefer, Richard/ Cheryl
 Shapcott, Mary Beth
 Shaw, Jason/ Shannon
 Shirk, Rod
 Shroyer, Orlo/ Karene
 Siebrecht, Maria
 Sivesind, Vicki
 Smith, Marc/ Brenda
 Smith, Melissa
 Smith, Deloris
 Snyder, Richard/ Tammy
 Snyder, Wallace/ Zola
 Sorden, John/ Betty
 Spaulding, David/ Leanna
 Speer, Vaughn/ Mary
 Sprague, Dr. TL/ Mary Jane
 Stoddard, Pam
 Stoffregen, Philip/ Margaret
 Swift, Tracy/ Michael
 Tomhave, Darlene
 Tonderum, Leann
 Tow, Karen/ Jerry
 Tureaud, Johnny/ Shari
 Turnquist, Nels/ Marje
 Valek, Peter/ Judy
 Van Hove, Carroll/ Leona
 Vancorler, Robert/ Angela
 Vannoy, Kathryn/ Lynn
 Voelker, Donald
 Wadell, Bobbye
 Wailes, Eugene/ Nancy
 Walser, Elaine/ Robert
 Warren, Gary/ Sharon
 Weatherly, Tammy/ Skip
 Weatherly, Harold/ Carol
 Weideman, Don/ Peggy
 Weinant, Mandie
 Weiss, Steven/ Karen
 Weiss, James/ June
 William/ Jacalyn
 Willert, Jon
 Willis, Robert/ Lou Ann
 Winter, Gary/ Janet
 Wishart, Donald/ Mary Ellen
 Young, Rick/ Julia
 Zach, Scott
 Zaharis, Leona
 Zajeczek, Lynn/ Julie

CAMP HERTKO HOLLOW is accredited by the American Camp Association (ACA) and a member of the Diabetes Education and Camping Association (DECA). It is an independent 501(c)3 non-profit organization and does not receive any funding from national diabetes organizations. All donations are tax deductible.

IT'S EASY TO USE YOUR CREDIT CARD TO MAKE A DONATION TO CAMP HERTKO HOLLOW. Use the "Donate Now" button on our web site to make credit card donations or mail a check payable to Camp Hertko Hollow to our office at 101 Locust Street, Des Moines, IA 50309.